

Adult Confirmation Program Information

Six Session Program Begins March 8, 2026

Are you an adult Catholic who never received the Sacrament of Confirmation? – If so, St. Paul's Adult Confirmation Program (ACP) will prepare you to be Confirmed in the Spring of 2026. The reception of all of the Sacraments is about helping us journey through this life to life eternal. The Sacrament of Confirmation is a confirming and strengthening of our Baptism. Through the Sacrament you are sealed with the gifts of the Holy Spirit and Confirmation provides additional graces to help us live out our adult lives as faithful followers of Jesus and strengthens our bond with the Church. *Those who are asked to be a godparent for Baptism or a Sponsor at Confirmation must have received the Sacrament of Confirmation in order to take on those responsibilities. Likewise, those to be married in the Catholic Church should be Confirmed.*

Who is eligible? Catholics who are at least 18 years old and have already been baptized and received their 1st Holy Communion may participate in the ACP. If married, you must be in a valid Catholic marriage. If you were married outside the Catholic Church (meaning in a civil ceremony or in a non-Catholic Church without the appropriate permission) and would like to discuss how you can have your marriage recognized in the Church contact one of the Friars and they will be happy to discuss your situation. Your preparation for Confirmation can be done simultaneously with the preparation to have your marriage convalidated in the Church, but the convalidation must be concluded before the actual Confirmation ceremony. Generally speaking, this can often be accomplished.

When will the program be held? The six sessions are March 8 & 22, April 12, 19 & 26 and May 3 from 10:00 – 11:30 a.m. in St. Paul Parish Center.

What do the sessions entail? Each session offers instruction that follows along with the main sections of the *Catechism of the Catholic Church*, as well as time for reflection, discussion and prayer.

What information must I supply? You must complete a registration form and provide proof of your Baptism and 1st Holy Communion if you received those sacraments at a parish other than St. Paul's. If married, you also need to provide proof of the marriage.

When and where would I be Confirmed? The Archdiocese of Hartford has scheduled an Adult Confirmation Ceremony for *Tuesday, May 12th* at the Cathedral of St. Joseph in Hartford.

Who will lead the program? Todd Cusano, Parishioner and Catechist, will lead the sessions.

What is the cost? There is no monetary cost, only your time and participation.

How do I register? Complete our simple online form *or* send an email to ourchurch@stpaulkensington.org *or* call the parish office at 860-828-0331 and ask for Erika Gilleran or leave her a voice mail by March 1st. If you have any questions do not hesitate to contact Todd (tcusano@att.net) or one of the Friars. *If you know of a family member or friend who has not been Confirmed please share this information with them.*